

Warrawong High School

*Creating opportunities,
achieving success*

Fitness lab a huge boost to school facilities

Students and staff are excited about our new school Fitness Studio Laboratory. Its completion represents a major new addition to our school facilities.

Mr Aaron Davis Head Teacher PDHealthPE devised the concept as could see the potential for better using this space. The lab will cater for up to 30 PDHealthPE students, and those who chose the Year 9 to 12 elective PDHealthPE subjects where students will gain a huge benefit from the facility by putting the theory into practice.

The lab has been constructed in our old change-rooms that were decommissioned a number of years ago. The central dividing wall and existing shower cubicles and walls were removed. The area was relined air-conditioners installed and a



compressed rubber floor was laid to completely transform the space.

Gym equipment will include 5 Treadmills, 7 Stationary Bikes, 3 Rowing Machines, Barbells, Dumbbells, 15 different weights machines, Hydraulic machines, plus various other pieces

of fitness equipment. In addition the lab includes an interactive whiteboard and Wi-Fi internet so students and staff can have laptop lessons.

PDHPE staff will be running fitness classes before or after school and at lunch times to encourage students to become healthier. PDHPE teacher Mr Josh McCarthy : "a greater effort needs to be made to increase the physical activity of students and improve their nutritional intake".

For the editor. : the students and staff would like to acknowledge a massive debt to Mr A Davis, Mr J McCarthy and Mr R Karton (school maintenance man) who have put many, many extra hours after school and during holidays to complete this project. They did all the demolition including moving 20 tonnes of rubble, the complete relining and the new floor. This project would not have happened without their vision and continued hard work.



From the Principal - a message to all senior students

For Year 12 this is their last term at school. This is a really high pressure time and it is extremely important that Year 12 make the maximum effort at school and at home right through to the end of the HSC exams. The next holiday is a time for study as they will have a lengthy break when the exams are



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finished. We have emphasised to Year 12 our expectations with regard to attendance, effort and behaviour. In particular as Principal, I focused on the need for regular attendance to get the most out of in-class exam revision time which is so vital to get a good HSC result. Second, it is never too late to develop an organised study regime. Students who feel they need advice on study should talk to their teachers.

And to Year 11 : Have you started studying for your yearly exams at the end of this term ? If you have not started you need to make this a priority now if you want to do your best in these exams.

Mr S Goodley

Music News

As part of 'Education Week 2012', on Tuesday 31st July, Students from the 7S class and selected students from the year 9 music class performed musical items on the centre stage at Westfield Warrawong for our *Community of Schools Talent Show*. 7S performed a choral version of *Bohemien Rhapsody* by Queen and year



9 students Ulima Carrucan, Edlyn Townsend, Adam Ryan, Matthew Piquero and Summer Carson performed acoustic versions of *Teenage Dream* by Katy Perry and *One Thing* by One Direction. There

were also performances from our feeder primary schools, Kemblawarra, Port Kembla, Lake Heights, Cringilla and Warrawong primary. It was great to see all the parents and family members there in the audience supporting students and all our students performed exceptionally well.

Mr S Harrison

Cyber Safety Day

On Wednesday the 1st August and Monday 6th August Warrawong high school hosted the local primary schools as part of the community of schools project (COS). The days were packed with important information that would help the year 6

Smith Family Learning for Life comes to WHS

The Smith Family's 'Learning for Life' Program will soon be located within Warrawong High School and support families across Warrawong, Cringilla, Port Kembla, Berkeley and Lake Heights. The Learning for Life program provides families who are eligible, with access to support programs that develop their children's skills and support their education, from Primary years, through Secondary years and into TAFE, University or further study. These programs and opportunities aim to increase children's success at school and encourage them into further study, which leads to better job prospects, secure income for their future and the ability to participate and get the most out of their community.

The Learning for Life worker will be Amy Williamson, and her office will be located in the school Library. This is an exciting opportunity for The Smith Family and Warrawong High School and we look forward to working together to support the local community.

students prepare for their high school experience. The day was focused around Digital Citizenship with a strong message focused on Cyber Bullying and Cyber Safety.



The Students were educated on the importance of being a good digital citizen. The Cyber Bullying Team (CBT) consisted of the talented Nurjan, Nisa and Hayden from year 9, and Mrs Sterjovska. In this session the students were given strategies on coping with cyber bullying such as , tell an adult, if

you haven't got anything nice to post then don't do it, if you don't want your grandma to see it then don't post it, your choice – your consequence.



The second session comprised of the Cyber Safety Team (CST) the gifted Adam, Ulima and Emerald from year 9 and Mr Curley. The

students were engaged with activities to re-enforce the message of staying safe online by use of raps and rhymes.



Thank you to Mrs Perry and Ms Tiernan for organising the event and BBQ, it was delicious!

Mrs Sterjovska

9-2 English Solving the Tupac Conspiracy

Last term 9-2 English were looking at the conspiracy theory surrounding the death of American rap artist Tupac in 1996. The students researched about his life and possible death, we learned that there many discrepancies and that it is possible that Tupac may not have died from gunshot wounds but in fact faked his death. As we could not decide whether Tupac is alive or dead, we put it to a debate on the last Thursday of term 2. The team consisted of Greg, Jihan and Jamie on the affirmative team and Summer, Bree and Adrian on the negative team, while Josh was our impartial chairperson. The arguments were very strong on both sides and, and as such was ultimately declared a draw. We celebrated our hard work with a class party after the debate.

Did you know that the name of Tupac's next album was Machiavelli.. Machiavelli was an Italian war strategist who faked his death to fool his enemies... Perhaps 2Pac did the same thing..

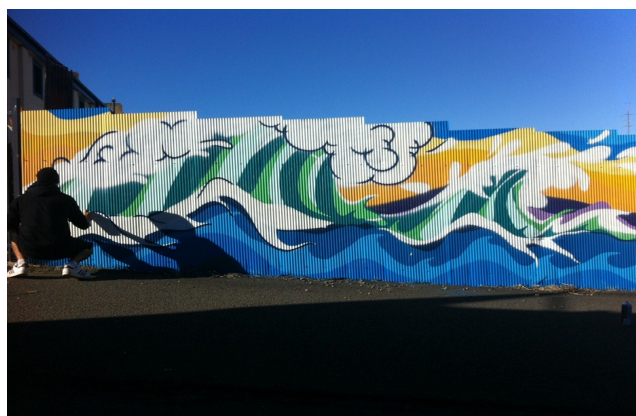
In the video "Toss It Up" which was released after Tupac died shows him wearing some sneakers which were not available until after his death!!!!



Mrs Edwards

AEROSOL ART PROJECT

Seven of our students recently participated in a 6 week Aerosol Art project run by the Port Kembla Youth Project team. Cynthia Thomas (Yr 8), Candice Taylor (Yr 8), Tyson Frigo (Yr 8), Mark Griffiths (Yr 10), Jordan Woolley (Yr 11), Anjily Jammal (Yr 11) and Adam Moechyi (Yr 12) spent 2 hours each Monday afternoon designing and creating impressive artistic murals in the laneway behind Port Kembla's main street. It was a great opportunity for our students to demonstrate their creative skills whilst beautifying the local area and many thanks to Kate Van Seumeren the PKYP Coordinator for leading our team.



SOUTHERN STARS

Warrawong High is proud to have 12 students from years 7-10 participating in Southern Stars this year. The dancers have been working extremely hard to learn 3 dances in a month, attending numerous in-school and after school rehearsals. The show is on at the Win Entertainment Centre on the 31st August and 1st September and tickets are available from Ticketek. It is an amazing experience to watch over 2000 students from various schools in NSW come together for this performance. Good luck to all the girls from Warrawong High!

Miss Cutajar

A Slash of Colour



Throughout Term 2, Class 3 of the IEC has been working on signs for the fruit trees in the Permaculture Garden. Though only a small class they have made nine new signs to

help identify the trees in the garden.

As well as being informative the signs are a colourful and creative addition to the garden. The class will be graduating from the IEC at the end of Term 4 and will moving on to high school. We thank them for their beautiful contribution to the garden and for their creativity and hard work and wish them much luck in the future.



A Slice of iPiE

We are at the mid-point of this year's exciting building projects for the iPiE Trade Training Centre at each of the 3 schools. In the subject areas immediately affected, living with the building has been a big ask, but the professionalism of the staff involved and the



consideration shown by the building teams has made the huge undertaking as painless as possible.

Staff connections across the iPiE schools continue and this is leading to our students also making connections. The TAS/Textiles teachers of Year 11 have piloted a Connected Classroom hook-up.

The Visual Arts teachers of Year 12 are again sharing expertise and resources this year, swapping Trials exam scripts and there are plans to use the Connected Classrooms to look at the progress in each other's Major Works.

Science (hosted again by Illawarra Sports HS) plans another enrichment day for Stage 6 (Physics) later this year. The SRC leaders at each of the schools have also been in touch and plans are underway to organise a group student leadership meeting across the iPiE schools.

Karen O'Malley
(iPiE Co-ordinator)

Olympics inspire our Athletes

The Regional athletics championships were recently held on the 27th July in Canberra. Warrawong High sent two keen female athletes to the carnival who braved the sub 5 Degree Celsius weather to make the trek to the AIS athletics track with a focus on representing themselves and our school proudly.

Alice Jackson of year 7 and Brittany Constable of year 9 were our two representatives with Alice competing in the Shot Put and Brittney in the 100 and 200 m sprints.

Alice placed third in her shot put event narrowly missing out on a place in the next carnival (the NSW state championships)

Brittany placed first in her heat of the 200m (unfortunately her time did not place high enough to go to state) and third in the 100m with a time of 12.06 seconds which was fast enough to go through to the NSW state championships.

Both girls represented the school very proudly and I congratulate them on their efforts and sportsmanship.

GRADE SPORT NEWS

Warrawong High has been enjoying an amazing run of Grade sport wins this season. An update on scores and placing's has not been issued as of yet however it looks as though Warrawong High will have a large number of teams in the finals this year. I am very impressed by the sportsmanship

and teamwork displayed from all of our grade teams and thank our grade team coaches for the hard work they have put in this year.

***Yours in sport
Josh McCarthy***

**WOULD YOU LIKE \$500 TO SPEND ON
EDUCATION COSTS?**



You may be eligible to receive \$500 to spend on costs such as computers, subject costs, tutors, uniforms and sport.

Do you or your partner have ;

a Health Care Card or Pension Card?

some income from work (includes p/t, casual, seasonal and cash)?

Contact Lindi Jamieson-Brown, your local Saver Plus Coordinator

1300 610 355 or email Lindi.Jamieson-Brown@thesmithfamily.com.au

60 seconds with Sandra... Featuring John Kane

Warrawong High School has some very dynamic & diverse staff and we thought it would be a great idea to introduce you to some of them. Sandra Cesare, our Community Liaison Officer, will spend 1 minute with a teacher and ask them 10 questions. This will feature in our monthly Newsletter under the heading of "60 seconds with Sandra". We hope you enjoy

1. What's your star sign?

Sagittarius

2. How old are you?

54

3. What celebrity would you most like to invite for dinner?

I'd rather have dinner with a homeless person, I'm

one for the people. If I was into celebrity, I'd look in the mirror.

4. What's your favourite movie?

Citizen Kane

5. What's your favourite TV show?

Shameless (UK Version)

6. Any nicknames & why?

Kaneman, Kaney or Baldy has been more popular in recent times.



7. What sports teams do you follow?

In the NRL – Tigers and in the English Premier League – Arsenal

8. Tell us an interesting fact about yourself.

Ms West & I got married on the day and at the venue that I'd booked to be married with my previous girlfriend. All we had to do was liquid paper out her name.

9. What's your favourite song?

Elvis Presley – Suspicious Minds

10. What's your first memory?

The Doctor who delivered me had cold hands!

WIEC Open Day

On the 31st July 2012, Warrawong Intensive English Centre had an Open Day and Graduation Ceremony for past students in the Warrawong High School Hall.

First, present and past students and parents talked to teachers and saw classroom displays. Then the Graduation Ceremony began in the hall. In the hall, Mrs Cooke welcomed everyone. Then there was an Opening Address by the Regional Director, Ms Gray-Spence. After that, the WIEC Music Group and Ms Uptin performed a musical item called "Give Me Freedom". Following that, two present students, Paul Ruzunga and Narissara Wongchomphu, addressed the audience. Next, a former student Tajana Ljiljak addressed everyone. It was a very moving speech about her journey. After that, Mrs Walsh presented the Graduation Certificates to all the students who had left the WIEC in the last year. Next, the Music Group sang "We Are the World" and all WIEC students sang "Advance Australia Fair" conducted by Saaya

Mitani who also graduated today. Finally, we shared a delicious International Morning Tea with everyone.

It was a wonderful day and I was surprised to hear such good singing and see so many students graduate.



Mary Nguyen

SRC Leadership Day 2012

On Monday 30th July the Warrawong High School Student Representative Council (SRC) had their annual Leadership Day. This is a day where the



SRC members from year 7 to year 12 spend a whole day discussing leadership, what makes a good leader and the skills required to become a good leader.

The day was held in the Westfield Warrawong boardroom. This made the day special because the students were able to experience being in a professional and corporate environment.

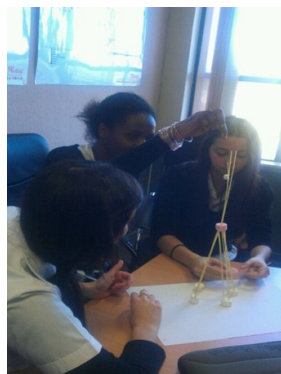


The students worked in small groups and discussed the qualities of a leader which they then shared with the whole group. An interesting part of the day was when the students were asked to think of someone whom they thought was a good leader and discussed the leadership qualities of that person. The responses were varied and reflected the personalities of the students. Answers included teachers, politicians, religious figures and corporate CEOs.

The schedule for the day also included planning SRC events for the rest of the year. One of these being the annual Carnivale held in September. There were also some fun team building activities which the students really enjoyed and even

received positive feedback from some of the Westfield management team.

The Warrawong High School SRC would like to thank Westfield Warrawong Management for kindly allowing us to use their boardroom, free of charge for the whole day.



Welcome Year 7 SRC members.

The latest additions to the Warrawong High School



Student Representative Council are Samantha Rodrigues and Dylan Tanner in year 7. The SRC look forward to working with you on the many project held



throughout the year. Year 7 students please feel free to talk to Samantha and Dylan about any issues you would like the SRC to pursue.

Homework Help Online

Parents and carers can access age-appropriate material to help with your child's homework assignments at the Teaching and Learning Exchange:

www.tale.edu.au/tale/live/index.jsp

Information ranges from ages 4-9 which includes pages to help you follow your child's early learning and to help you talk with teachers about your child's progress to Beyond School, which includes links to TAFE, university and other further learning opportunities such as apprenticeships and traineeships.

The content of each age group area is organised into these sections:

- What they learn
- Helping your child learn

About stages of learning

From the navigation bar you can also access links

to educational organisations and news.

The site also includes a Jargon Buster, a selection of translated documents and links to DET parent newsletters such as the Click! technology guide and School Parent's magazine.

Winter Uniform

With the cold weather now upon us, all parents are reminded to check winter uniform. In particular, we need all students to have warm, school coloured tops. Please note that the long sleeves in school colours must be the outer layer and that bennies are not to be worn. Any parent who has any concerns or questions about the winter uniform should contact Ms Ramsay at school.

Homework Diaries

Students are given homework and assignments in every subject and to do well at school, they must complete all of this work and also make time to study for tests. To succeed, students must be organised and this means using a homework diary. Parents should ensure that their son/daughter uses a homework diary to record all schoolwork. Further, by checking the diary regularly, parents can see whether their son/daughter is doing everything possible to be successful at school.

School Attendance

For your child to be successful at school it is important that parents are positive and supportive in their attitude towards school and about the teachers and the importance of going to school every day. If parents have any reservations about doing this I would encourage you to make an appointment with your child's teacher, the Counsellor or the Principal to talk through any issues or concerns that you may have. We can only be successful if we work together towards that common goal.

Lew Edgar

Home School Liaison Officer

Medical Details and Emergency Contact

In any emergency, we need our school records to be extremely accurate. If at any time your child's medical status changes or if you change address or phone number, please notify the school immediately. It is vital for all students' welfare and

safety that we keep these details accurate and up to date.

Primary School Grounds

Parents are reminded that high school students must stay off primary school grounds. Students who are picking up younger brothers and sisters must wait at the school gates. This is particularly the case on Tuesday and Thursday when our school finishes early.

Tax Refund on School Fees

All families are now eligible for a tax refund on school fees and other education expenses such as computers and materials bought for school. The tax rebate started from 1 July 2008 so parents should now keep all receipts relating to school costs. We have attached a facts sheet so parents have more details.

No Scooters and Skateboards at School

Our school does not allow students to ride these to school mainly because students will not wear the appropriate safety gear. As a school we feel this is the safest option. At school there are also storage issues because students cannot have them for use during breaks. Parents are requested to ensure that their child does not bring these to school.

Year 12 Hospitality

The sandwich unit was very enjoyable and the assessment Task was actually fun. I enjoyed experimenting with different ingredients to make different type of sandwiches. It was fun to make different types of sandwiches, like club – sandwiches and pinwheel sandwiches instead of just normal ploughman sandwiches. I learnt a lot through the Assessment Task and I was also able

to use different cookery techniques when making the sandwiches.



Michelle Jardim

Upcoming Events

Day date month

event

Community Notices

WHS does not receive or accept any paid advertising for Community Notices. Also, we have no way of checking the bona fides of any information received. We encourage parents/caregivers to make all necessary checks prior to involving their children in activities listed.



ILLAWARRA DRAGON BOAT CLUB JUNIORS 12 – 18 yrs

Dragon boating is a fun and accessible sport for all ages and fitness levels. If you are a team player and enjoy being on the water this could be just what you are looking for!

Good Fun Activity Great for Fitness Make new friends Adrenalin Pumping

WHY NOT GIVE IT A GO!

If you are interested – Contact Helen on 0403844880 or
email bented@iprimus.com.au

IT'S SUMMER IT HAS TO BE CRICKET WITH YOUR FRIENDS



This summer we're looking for the next generation of bowlers, batters and catchers. There's lots of ways you can get involved in cricket with your local club, association or indoor centre.

Sign up now with your local club or find out more at...

playcricket.com.au

Army Cadets

Unit name - 26 Army Cadet Unit, Wollongong
Parades - Thursday nights ,weekly during school term and 4 weekend bivouacs per year (1 per term)
Timings: 1830 HRS to 2130 HRS (6.30pm to 9.30pm)
Address- Army Depot, Gipps Street Wollongong NSW 2500

Age - minimum of 12.5yrs

Gender - we accept both male and female recruits

Contact No. - (02) 42283698

Email – susan.sallans@cadetnet.gov.au

Website – www.cadetnet.gov.au

Our Supporters:



WHS: Cowper Street, Warrawong. PO Box 105 Warrawong NSW 2502