

# Warrawong High School

Creating opportunities,  
achieving success

## An Excursion to the Australian Maritime Museum

On Tuesday Class 3 and 4 IEC students went to Sydney to visit the Australian Maritime Museum because we are studying the maritime history of Australia.



We went to Sydney by train. On arriving in Central station we walked through China Town to the museum. It was a warm day.

We visited the *Endeavour*, a replica of Captain Cook's ship, as well as visiting two other vessels: a destroyer and a submarine. We had a guided tour of the *Endeavour*.

Of course, the guide talked for a long time but we learned a lot about the ship. We saw many interesting things; especially the crew's toilet on the bow. It looked very dangerous. The mess, where the sailors ate, was very nice. However, the ladders were hard to climb up. The sailors had very little room to sleep in their hammocks compared to Captain Cook's quarters.



After visiting the *Endeavour* we visited the destroyer, the *Vampire*, and the submarine, the



Onslow. The destroyer is much more modern than the *Endeavour*. The submarine was interesting but there wasn't much room to

move around.

It was a tiring yet interesting day. We enjoyed it very much.

**Class 4, IEC.**

## Careers Expo 2013

Over 60 students from Years 10 and 12 attended the Illawarra Coal Regional Careers Expo on 15th May to find information about employers and a wide variety of jobs as well as TAFE, universities, private training providers and help agencies.



**WAGGI FILM FESTIVAL**

Proudly supported by **BLUESCOPE STEEL**



## 2<sup>nd</sup> Intake Selective Entry Test

There will be another selective entry test on Tuesday 4<sup>th</sup> June 2013 for those students who missed the initial test in February. If your child would like to attend the selective test please phone Warrawong High School for an application form. The test will be held on Tuesday the 4<sup>th</sup> June from 8.45am-11am. Students will need to be dropped at the Administration Office before 8.45 am and picked up from the Administration Office at 11am. Offers for positions in the 2014 selective class will be mailed directly to parents approximately 5 weeks after the test.

Any queries regarding the selective class or test may be directed to Sandra Horsley (G & T co-ordinator)

**Thanks**  
**Sandra Horsley**  
**G & T Co-ordinator**

## 60 seconds with Sandra... Featuring Anne Owen

1. What's your star sign?  
Capricorn
2. How old are you?  
56
3. What celebrity would you most like to invite for dinner?  
Johnny Depp
4. What's your favourite movie?  
To kill a Mockingbird
5. What's your favourite TV show?  
Looney Tunes – The Bug's bunny Show
6. Any nicknames & why?  
Annie get your gun
7. What sports teams do you follow?  
St George Illawarra Dragons & The Wollongong Hawks
8. Tell us an interesting fact about yourself –  
My Mother was one of the first teachers at Warrawong High School.
9. What's your favourite song?  
Led Zeppelin's immigrant song
10. What's your first memory? Throwing rocks at Seagulls with my Aunt & Uncle, but I love animals and I'd never do that now.



## Students shine in Art Competition

Two of our Visual Arts students were successful in winning an art completion run by Paragon Tech an Audio and IT solutions company. They came in 1<sup>st</sup> and 2<sup>nd</sup> place over many other local high schools. Meri was the winner and landed herself an Apple Ipad and Tyson in a close second and was a strong contender for first place wins a JB Hi Fi voucher for \$100. Both students have achieved outstanding and fine results in these beautifully rendered drawings.



Meri Ivanovska Yr 2 1st place  
"Age of Innocence"



Tyson Frigo Yr 9 2<sup>nd</sup> place  
"Contemplation"

## *Iridescence, Elegance and Harmony*



Following on with the tradition of the last few years, Class 4 of the IEC has been working in the Permaculture garden and on a Garden Art Project. They have made four beautiful dragonfly mosaics to add to the growing collection of art in the school garden. They will be placed on the base of a beautiful Japanese inspired hand carved wooden

gateway to the garden. The iridescence and elegance of the dragonfly symbolises many things including living in the moment, self-realization, change, mental and emotional maturity, and the understanding of the deeper meaning of life. Class 4 graduates from the WIEC at the end of Term 2 so we thank them for their wonderful contribution to the school garden and hope they take the power of the symbolism of the dragonfly with them in their future lives.



M. Schettino



### Junior Top Blokes Leadership Program entering Warrawong High

Commencing week 4, selected Warrawong High participants will be participating in the Top Blokes Foundation's Junior Top Blokes Leadership Program.

This is a 6 week program specifically for young men to explore issues of mental health, risk-taking and social pressures, alcohol and drugs, relationships and online behaviour and consequences. The program will be delivered by youth workers and will be highly interactive, empowering participants to look at their own behaviours and how to better support their mates who may experience hardship.

The Top Blokes Foundation is a youth-led organization that delivers a range of programs for young men aged 14-24 within the Illawarra community. To find out more visit

[www.topblokes.org.au](http://www.topblokes.org.au) or their Facebook page [www.facebook.com/topblokesfoundation](https://www.facebook.com/topblokesfoundation)

**Aaron Davis**  
**Head Teacher PDHPE**

### Thank you Warrawong High!

Year 12 would like to thank the students and staff for their support in the fundraising for their graduation and formal. A special thanks to Mr



Remington for his cooking skills at the barbeque! Please remember that we will have our final fundraising opportunity at the Athletics carnival . Halal sausage will be available as will cans of soft drinks.

**Mrs G Sterjovska**

### Support Seniors TTW Program

During Term 1, Support Year 12s participated in a Transition to Work program run by House with No Steps. Students were able to meet their peers from schools throughout the Illawarra. They participated in a range of activities designed to inspire teamwork and good will. The program included a trip to Bundeena with ferry ride to Cronulla. Students also participated in a local version of 'The Great Race' which tested map reading, patience, cooperation, stamina and various challenges. Unfortunately Mr Morales' team came last (but we



still think the other teams caught taxis). The program proved very popular with the students.



Bundeena ferry crossing - Hristina Rizovska, Steven Rizovski and Chris Bukalevski

Mr Morales

## Warrawong Students Have a Big Day Out!



Last Friday Mr Kane and Miss Nicole had the pleasure of spending a day out with 23 wonderful students. Ranging in age from year 7 to year 10 the students attended a performance of the Bangarra Dance Company's production of 'Blak' as well as having breakfast by the beach and lunch at Maccas. Miss Nicole and Mr Kane had an easy day as the behaviour of the students was excellent. Special mention to Dominic Joannau who saved a young toddler from falling over a ledge and was congratulated by two very grateful parents. The whole day worked like clockwork and the students can be very proud of themselves. The performance was stimulating and the dancers were exceptional. The show was of special significance to our indigenous students because the Bangarra Dance Company is solely run by young men and women of aboriginal or Torres Strait Islander descent. A magnificent day had by all. Special thanks to Ms Ramsay who supported and advised the organisation of the day.

## Inspire 2013 WOMEN'S CONFERENCE

### Inspire - Celebrate – Motivate

On Friday 24th May four of our students, Grace Mutimukeye, Eyrusalem Teddese, Zahra Tavasoli and Halimeh Yousefi were invited to attend a Women's Conference at the Novotel Northbeach Wollongong. It was a day of inspiration, motivation and celebration of women and their achievements in all walks of life.

The four guest speakers were Deborah Thomas, Wendy Gee, Angela Saville and Tshibanda Gracia Ngoy. Each spoke about their experiences, their journeys, their work, their choices and their achievements. One of the speakers was Tshibanda Gracia Ngoy, State Finalist Young Australian of the Year 2013, a commerce and communications degree student at Wollongong University. Gracia Ngoy is also a caseworker for refugee families, a youth motivational speaker and a member of the Illawarra Regional Advisory Council and the NSW



Students from Warrawong High and the IEC representing the school.

Multicultural Youth Network. Gracia, who speaks five languages, arrived in Australia with her family in 2005 after fleeing tribal conflict in the troubled Democratic Republic of Congo.



Warrawong High School students with Tshibanda Gracia Ngoy and students from other schools.

Our Koori students have been included in the University of Wollongong's AIME program. Aboriginal Indigenous Mentoring gives them a great opportunity to work with Indigenous Uni students and have a look at University life. Studnets involved are - Daneal Kuiper, Keiren Worthington, Taleigha Worthington, Korey Kuiper, Cynthia Thomas, Dominic Symons, Cody Tonkin, Brittany Constable, Summer Carson, Reanna McCauley and April Mackie. Their first "experience" was on Friday 17th May. Upcoming experiences will take place on Friday June 14, Friday July 19 and Thursday October 24.

Our school is very fortunate to also be included in AIME's "Outreach" Program where Indigenous Mentors visit the school to work with our Koori kids. This will start on Monday June 3.

Our school is recognising RECONCILIATION WEEK in a special presentation on Thursday's assembly and we are holding a Reconciliation Breakfast on Friday 31 from 7.30am to 8.30am. ALL parents and students are welcome in the spirit of Reconciliation

Steve W

## NSW Family Energy Rebate

This rebate helps NSW families to pay their electricity bills. In 2012-2013 the Family Energy Rebate gives eligible households a \$75 credit on their electricity bill. If you live in a caravan or mobile home park, the 2012-2013 Family Energy Rebate is \$82.50.

### Am I Eligible for the Family Energy Rebate?

To be eligible for the 2012-2013 Family Energy Rebate, you must:

- Be eligible for the Federal Government's Family Tax Benefit A or B at any time during the 2011-2012 financial year, and have received a relevant payment; and
- Be a NSW resident; and
- Have your name listed on electricity bills from an electricity retailer, solely or jointly or be a resident of a caravan or mobile home park and receive electricity bills from a park operator.

### How much is the Family Energy Rebate?

If you are eligible to receive the Family Energy Rebate, you will receive the following amount:

2012-2013	2013-2014	2014-2015
\$75	\$125	\$150

Your rebate will appear as a credit on your electricity bill once, for each financial year. When the credit appears on your electricity bill will depend on the billing cycle of your electricity retailer, after your application for the Family Energy Rebate has been approved.

Some households that successfully apply for the 2012-2013 Family Energy Rebate will receive a credit on an electricity bill in that year, while others might receive the rebate early in the next financial year, 2013-2014. It is possible a household may receive two Family Energy Rebate credits in 2013-2014: one for financial year 2012-2013 and the other for financial year 2013-2014.

If you live in a caravan or mobile home park, you will receive a Family Energy Rebate payment into your nominated bank account from the NSW Department of Trade & Investment.

When you apply for the Family Energy Rebate, you'll also find out if you are also eligible for the NSW Government's Low Income Household Rebate. If so, the annual, combined, capped rebate is \$250.

### How do I apply for the Family Energy Rebate?

Go to <https://applications.fer.trade.nsw.gov.au> and complete the online form OR Complete the application form on the back of this fact sheet and send it to the NSW Department of Trade & Investment by:

Email: [fer@energy.nsw.gov.au](mailto:fer@energy.nsw.gov.au)

Mail: Family Energy Rebate  
NSW Trade & Investment  
GPO Box 3889  
Sydney NSW 2001

Fax: 02 8281 7799

Applications for the 2012-2013 financial year close:  
5pm, Friday 14 June 2013

Need help completing the application form? Call the Energy Information Line: 1300 136 888.

Support Services for Hearing/Speech Impairment: National Relay Service: 1300 555 727  
TTY Users: 133 677 Translation and Interpreting Service: 131 450

### FOR MORE INFORMATION

- Visit our website: [www.energy.nsw.gov.au](http://www.energy.nsw.gov.au)  
(Copies of this fact sheet can be downloaded from the website.)
- Contact the Energy Info Line on 1300 136 888

### Issued: April 2013

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## Understanding Management of Drug Use During Pregnancy, Birth & Early

This seminar is designed for persons who are/will be working with pregnant women and families.

### Crystal Methamphetamine effects on Pregnancy and Parenting

Time: 10:45-11:30 am

**Presented by:** Dr Barbra Sinclair currently works as a Consultant Psychiatrist and Addiction Medicine Specialist. Her interests are specifically in addiction medicine, medico-legal/forensic and generalist and adult psychiatry. She is currently responsible for drug and alcohol consultation in the Forensic Hospital, co directs the involuntary Drug and Alcohol Treatment centre at Bloomfield, Orange, and provides Addiction Medicine services at the ISLHD Opioid Treatment Unit in Wollongong.



### Tobacco effects on Pregnancy and Parenting

Time: 11:30-12:15 pm

**Presented by:** Janet Jackson Janet Jackson, Health Promotion Officer, currently works on a project called 'Quit for New Life' in partnership with the Aboriginal Maternal Infant and Child Health Service (AMICHS) in the Illawarra and Shoalhaven. The project supports pregnant Aboriginal women (and their household members) who wish to quit smoking.

### Cannabis effects on Pregnancy and Parenting

Time: 12:15-1:00 pm

**Presented by:** Dr Rob Anderson is a Multi-skilled Medical Officer (MMO), who has worked with Drug and Alcohol Services for over 7 years.

### Alcohol effects on Pregnancy and Parenting

Time: 1:00-2:30 pm

**Presented by:** Vicki Russell has a Masters in Police Studies, a Bachelor of Social Science (Justice Studies) and has been affiliated with NOFASARD for 9 years, where she currently the National Project Manager. She is also completing her PhD with post graduate research focused on fetal alcohol prevention in three countries, including Australia.

### Date & Venue

Monday 17<sup>th</sup> June

Level 8 Block C

The Auditorium

Wollongong Hospital

Loftus St Wollongong

### RSVP:

[sarahiane.seddon@sesiahs.health.nsw.gov.au](mailto:sarahiane.seddon@sesiahs.health.nsw.gov.au)



## Low Cost PCs

Are you in need of an affordable refurbished computer or laptop?

- Access Centrelink's online services
- Find a job online
- Thought about studying at home?

Our PCs are commercial-quality systems from leading brands such as Lenovo, HP and Dell. They come with 6 months of hardware warranty and phone technical support.

This offer is available to:

- Centrelink and DVA benefit cardholders
- Centrelink Low Income Health Care Card holders
- Individuals who can verify low income status
- Not for profit organisations

Why purchase a PC from WorkVentures?

- Genuine Microsoft software installed – Windows 7 Professional and Office 2007 Basic (Word, Excel and Outlook)
- Nationwide delivery
- 3-month purchase plan option available (similar to a lay-by) with an option to use Centrepay (direct deductions from your Centrelink benefits).

Package details can be found on the back of this page.

To order, go to  
[workventures.com.au/webshop](http://workventures.com.au/webshop)  
or call us on 1800 112 205.





# Upcoming Events

## Day date month

4th June

5th June

10th June

## event

2nd Intake Selective Test

Yr 10/11 Parent Curriculum Evening

Queens Birthday long weekend

# Community Notices

WHS does not receive or accept any paid advertising for Community Notices. Also, we have no way of checking the bona fides of any information received. We encourage parents/caregivers to make all necessary checks prior to involving their children in activities listed.



## Would \$500 assist you with education costs?

You could receive up to **\$500** to help pay for educational costs including:

- school uniforms
- text books
- excursions
- laptops
- sports equipment, uniforms and lessons
- music tuition and instrument hire
- TAFE, traineeship and apprenticeship costs!



The Smith Family delivers Saver Plus in your local area and is looking for new participants.



To be eligible you must:

- have a Centrelink Health Care or Pensioner Concession Card
- are at least 18 years old
- have some regular income from work (you or your partner), and
- have a child at school, or study yourself.



To find out more contact **Lindi Jamieson-Brown**,  
Saver Plus Worker at The Smith Family  
4254 4505 / 0427 439 234 or  
[lindi.jamieson-brown@thesmithfamily.com.au](mailto:lindi.jamieson-brown@thesmithfamily.com.au)

Saver Plus is a matched savings and financial education program, developed by Brotherhood of St. Laurence and ANZ and delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs, with ANZ providing matched savings for participants.



## CITYLIFE COMMUNITY INITIATIVES

### ADHD/ASD SUPPORT GROUPS

#### A Presentation with Dr. Johnstone

Dr Johnstone is from Wollongong University and studies the brain function of children with ADHD. He will be talking to us about his research and the new game Focus Pocus aimed at helping children increase their ability to concentrate.

This will be a great opportunity to learn more about our children's brains and to ask Dr. Johnstone any questions that you have re ADHD.

**WHEN:** 19<sup>th</sup> June 7.30pm

**WHERE:** Citylife Church

2/129 Jardine St (west end)

Fairy Meadow 2519

**COST:** Gold Coin Donation

**Information:** 0242844414

0413048453

Our Supporters:



WHS: Cowper Street, Warrawong. PO Box 105 Warrawong NSW 2502