

From the Principal

Education Week

During Education Week in Week 3 of this term we had a display of student artwork and other work samples at Westfields Warrawong along with our partner primary schools

Below is the small article which appeared in the Illawarra Mercury featuring Miles Stojanovski (left) and Dylan Alderton (right) both from Year 7.



As they see it: Miles Stojanovski (Warrawong High, left), Phoenix Duncan, Bronte Krstevski and Najwan Nezay (Lake Heights Public) and Dylan Alderton (Warrawong High) with some of the artworks. Picture GREG TOTMAN

Come and see – school's fun! ANDREW PEARSON

ANDREW PERFORM MOVE over Picasso, these young illawarta artists are ready for their own brush with fame. From paintings to sketches, a variety of masterpieces from students at six Illawarra public schools are on display at Westfield Warrawong this week. Students from Lake Heights. Students from Lake Heights. Warrawong, Cringila. Kemblawarra and Port Kembla Kemblawarra and Port Kembla Bublic schools, along with Warrawong High School, have

work included as part of the shopping centre Education Week showcase. Lake Heights Public School principal Peter Heddles said the week was for students to share some of the things they love about school with their parents, strandparents and triends. "Ts one thing to tell mum and dad about your school day, but having them actually come into the classroom on an Open Day means so much more," Mr Heddles said.

The display, next to centre out on level 1, is inspired by the Education Week 2015 theme Celebrating Local Heroses" and will remain in place until Friday. Additional Education Week activities at the shopping centre include a performance by Mount St Thomas Public School St Thomas Public School St Thomas Public School and Kemblawarra public schools will hold separate song and dance sessions for shoppers on thursday from 11:30am.

Yr10 into Yr11 Subject Selections

This year's Subject Selection Information Evening for Yr10 students and their parents was very successful with approximately 60% of the attending the evening.

While this was a significant increase from last year, we really need to encourage students and parents to come to these important events. Having a large family of my own, I understand the difficulty in finding time to come up



to the school after hours especially if parents work shift hours but one of our focus areas in the new school plan is work on ways to make it easier for parents to attend all types of information evenings throughout the year.

Yr11 and Yr12 Clearance Procedures

As the end Term 3 is gradually coming into our sights students in both Year 11 and Year 12 will need to get themselves organised to clear and/or sign out at the end of their Preliminary and HSC courses.

The Year 11 Yearly Exams will be held during Weeks 8 and 9 of this term and arrangement will be made for them to return textbooks, other resources and pay fees in preparation for commencing their HSC courses in Term 4.

Meanwhile, arrangements are being made for Year 12 students to finalise their HSC before the graduation ceremony and formal in Week 10 of this term.

Letters will be going out to students and parents in the two weeks outlining the procedures.

Uniform and Fractional Truancy

Warrawong High School is a uniform school with flexibility around how the students can wear components of the sports uniform and corporate style uniform. During the winter terms there has been a gradual increase in the number of students wearing non-uniform jumpers and incorrect school shoes. As a result, other non-uniform clothing such as shorts are also creeping in. Having a uniform provides so many advantages to the school and our students including setting a positive school tone which can enhance the learning culture within the classroom. All students are reminded to ensure they are coming to school each day with the correct uniform on.

Attendance in all classes and being on time is also the responsibility of students. Being late to class disrupts the learning of other students and the work of the teacher. Not attending class means that the individual student misses out on important information which will affect their learning. In both cases the teacher will follow up with the student(s) and the time lost will have to be made up during break time or after school.

Proudly supported by BLUESCOPE

Mr R Coleman Principal

STEEL

FESTIVAL

Ph: 4274 0707 Fax: 4276 2836

warrawong-h.school@det.nsw.edu.au

www.warrawong-h.schools.nsw.edu.au

page 2

Year 7 English

7.2 English recently completed their poetry portfolios to a very high standard. Students had to structure their various poems around a chosen theme or issue. Following are a selection from some excellent class efforts.

Haiku poems

Food

Food is very good. My belly rumbles waiting For eggs and bacon. **Molesi Alefaio**

Flowers

Bright beautiful things. The colours of true friendship; Share them with your friends. **Ebonie Turner**

Sunset

The warmth on my skin. Fire falls beneath the tall trees – I see the sun set. Dario Maffulo

Form Poems

Poll, position, line, racing Zoom, past, accelerate Gear, brake, steer, chasing Speed, crash, exterminate. **Nathan Dore**

Mysterious, Deep, scary, Beautiful Waves, marines, tides Playful, aquatic, mist, peaceful Loud, Salty, Wide **Zayd Ali**

Simile

Lightning

Cracking in the sky like God's clap, Bright as the sun, Catching fire to whom it touches, Awaiting the storm. Sarah Thomas

Couplet Poem

Flowers

In the spring, the petals sprout And before long, winter rips them out. Stefani Cvetkoska



Get ready to Earn & Learn

It's that time of year again, when we ask for your support in collecting stickers for Warrawong High School in the Woolworths Earn & Learn initiative.

Whilst there is no longer a Woolworths in the Warrawong area, we are still collecting stickers. You may have family that live outside the area who may like to collect the stickers for you, or you may find yourself at a Woolworths store in another area.

I ask all students, parents/carers & teachers to come on board and help us collect stickers, which will allow us to receive fantastic new resources.

> Sandra Cesare Community Liaison Officer

New volunteering opportunity

The Smith Family is currently seeking volunteers to support and guide primary students in their learning and education at Cringila The Smith Family

everyone's family

Learning clubs are safe, supportive out of school hours learning environments, where students have the opportunity to access resources and assistance with their homework.

When: Tuesdays 3:15-4:15pm Where: Cringila Public School

Public School's Learning Club.

Please see Alyssa for further information (office located in Warrawong High School Library) or

....:: T∧FE[§] ILLAWARRA

The Adult Migrant English Program (AMEP) provides free English Language learning to eligible migrants.

To see if you are eligible please ring 4229 0155.

The AMEP is funded by the Department of Education and Training.

NAIDOC Touch Football

On Wednesday 22nd July the Koori students participated in the NAIDOC Touch Football Gala Day at Oak Flats High School. The day commenced with a smoking ritual performed by the Aboriginal elders. This was supported by a didgeridoo performance and traditional Aboriginal dances presented by the Illawarra Flame Trees. The students played exceptionally well and went through the first three games undefeated, which placed them first in their group. They faced Lake Illawarra High School in the semi finals and unfortunately went down 4-2. I would like to congratulate all of the students on their behaviour and achievements on the day.

Mr. Sovrano Teacher/Coach



Welcome Miss Lani—AEW

On Friday 31 July Warrawong High School's Koori Kids officially welcomed Miss Lani as the school's new Aboriginal Education Worker.

Miss Lani is a Wiradjuiri Woman now living in the Illawarra. She is a recognised and well known Indigenous artist within our community and you can see examples of her work at the Shellharbour Uniting Care Nursing home & Let'us B Frank café at Piccadilly. She has also won a state wide competition for the rebranding of the Indigenous Department at St Vincent's Hospital in Sydney. Check out her Facebook page: Lani B Art.

Miss Lani is excited to be a part of the Warrawong High School community and share her culture with the students.



PAGE **4** King of the Castle

Our Support MC students have completed building their castles. To celebrate the occasion they dressed in knight costumes and charged around the school looking every bit the part.

> Mr. Morales Teacher



Jordan Sharkey



Bryce Maffullo



Paul Bowtell



MCC Class



WOLLONGONG JUNIOR CHESS CLUB JNR CHESS TOURNAMENT 2015 WINTER SUNDAY (Under 18 Year Olds) 7 ROUND SWISS WHEN: Sunday 30-Aug-2015 (10:00am to 4:00pm)

WHERE: FAIRY MEADOW COMMUNITY CENTRE KEIRA ROOM

> Guest Park - Crn Cambridge Ave and Princess Hwy Fairy Meadow (Opposite Woolworth)

<u>Trophy Prizes</u>: 1st, 2nd, 3rd + Age Groups

Games will be rated by NSWJCL

Results will influence qualification to NSWJCL Country Championship

Entry Fee: \$10

Lunch: Players should bring their own lunch and refreshments.

Arbiter and Information: JOHN MAZZIERI Phone: (02) 4283 3080 e-mail: mazzieri@exemail.com.au

WOLLONGONG JNR CHESS CLUB meets Thursdays 4:00-6:00pm (not school hols) Fairy Meadow Community Centre

> Future SUNDAY TOURNAMENTS SPRING 01-Nov-2015

Boys Permaculture Camp

Here at Warrawong High School, Permaculture is an extremely important part of our curriculum. It educates our students to lead a more sustainable lifestyle, creating a more sustainable community and a more sustainable future. As part of their studies, some of our hardworking young students participated in a 4 day camp at "The Crossing", working on Permaculture projects in the Bermagui area.



SPEED CAREERING

On the 22nd July, all Year 10 participated in a Speed Careering program which showcased to the students a wide range of career opportunities. It consisted of guests from eight different occupations representing various trades and professions. They were allocated seven minutes to talk with each group of students about their specific role and about careers and job requirements in their industry. The career areas included the NSW Police, Hairdressing and Beauty, Carpentry and Building, Nursing and Aged Care, Teaching, Hospitality, Design and Child care. It was an enjoyable and worthwhile experience for Year 10 and gave them food for thought in regard to options for their fu-



IN ILLAWARRA OUTREACH State chein read R NO PASS OUTS OUTS OF the streets	NSW Health will be running drug and alcohol information sessions over the next five weeks. Make sure you book your place!	 WHEN 28 July and 4, 11, 18, 25 August 	TIME 4.30pm - 6.00pm	WHERE Illawarra Outreach, Holborn Park Berkeley	 WHAT'S ON Save A Mate - learn vital information in safe drug and alcohol use that could help save someone's life Myth busting! Learn about the myths surrounding drugs and alcohol Do you know what a standard drink is? The truth will shock you Ask questions and get the information you want to know 	More Information Contact Illawarra Outreach on 02 4223 7500 or illawarraoutreach@youthoffthestreets.com.au	and the second s
JOIN US FOR ILLAWARRA OUTREACH	Illawarra Outreach will be at Berkeley every Tuesday and Thursday. Drop by for free food and fun!	WHEN Every Tuesday and Thursday	★ TIME 4.00pm - 8.00pm	★ WHERE Berkeley Skate Plaza at Holborn Park	 WHAT'S ON Sport and recreational activities Free drinks and BBQ food School holiday programs WDO's - Work Development Orders Individual support, assistance with referrals to other services and other important information 	More Information Contact Illawarra Outreach on 02 4223 7500 or illawarraoutreach@youthoffthestreets.com.au	An Australian Government Initiative

YOUTHOFFTHESTREETS.COM.AU

YOUTHOFFTHESTREETS.COM.AU

page 6



AND SUPERVISORS OF LEARNER DRIVERS FREE WORKSHOP FOR PARENTS

	MONDAY 20	JULY	SHELLHARDOUR CITY COUNCIL
	WEDNESDAY 19 AU GUST	AUGUST	IDAMA MUNICIPAL COUNCIL
S	TUERDAY &	SEPTEMBER	WOLLONGONG CITY COUNCIL
10	WEIGHERBAY 21	OCTOBER	FLAMA MUNICIPAL COUNCIL
5	NCONDAY 9	NOVEMBER	SHEILHMEROUR CITY COUNCIL
	TUESDAY 1	DECEMBER	WOLLONBONID CITY COUNCIL
	ACHIDAY 15	FEBRU ARY	SHELHARDOUR CITY COURSEL
9	TUREDAY &	MARCH	WOLLONGONG CITY COUNCIL
10	MERMERAY 20 APRIL	APRIL	INAMA MUNICIPAL COUNCIL
50	ACOUDAY 22	MAY	SHEILHMISOUR CITY COUNCIL
	MONDAY 6	JUNE	WOLLONBORID CITY COUNCIL

WOLLONGONG, SHELLHARBOUR WORKSHOPS ARE HELD AT AND KIAMA COUNCILS

To help you with practical advice about:

- Supervising learner drivers
- Completing the learner driver log book

 - Providing on-road driving practice and

 - Land P Plate licence laws

An initiative of Wollongong, Shellharbour and Kiama Councils





BOOKINGS ARE ESSENTIAL

Workshops are held from 6.00pm - 8.00pm

Please contact Council for a suitable Workshop

WOLLONGONG CITY COUNCIL Phone: 4227 7111 Email: rso@wallongong.nsw.gav.au

SHELLHARBOUR CITY COUNCIL Phone: 4221 6124

ienny.davies@shellharbour.nsw.gov.au or email

Email: council@kiama.nsw.gov.au KIAMA MUNICIPAL COUNCIL Phone: 4232 0444





DO YOU HAVE YOUR L'S?

Want to get more hours for your log book?

supervisor to experience a variety of driving conditions including Police RBT, Speed Check and An opportunity for you and your Driver Reviver.

Sunday Runs are held at: Shellharbour & Kiama 10.00am - 12.30pm Wollongong 9.30am - 12.00pm Daylight -

Tuesday Runs are held at 6.00pm - 8.30pm in Shellharbour & Kiama Nighttime only.

All Learner Drivers Must Have 40 Or More Log Book Hours



SHELLHARBOUR OTY COUNCIL IOAWA MUNICPAL COUNCIL SHELLHARBOUR OTY COUNCIL	WOLLONGOND CITY COUNCIL	SHELLHAROUR CITY COUNCIL
		-
A PRIL	MAY	JUNE
ROMANGA R	NIGHT DRIVE SUNDAY 15	SUNDAY 12
	ROMANAS RI	ICONDINED RI ILLEDAY 12 NIGHT DRIVE SUNDAY 13

BOOKINGS ARE ESSENTIAL

Please contact Council for a suitable Learner Log Book Run:

Email: rso@wollongong.nsw.gov.au WOLLONGONG CITY COUNCIL Phone: 4227

An initiative of

KIAMA MUNICIPAL COUNCIL Phone: 4221 6124 or email jenny davie s@shellharbour.nsw.gov.au SHELLHARBOUR CITY COUNCIL,

Illawarra and Bulli PCYC, NSYY Police, Supported by Lake Shellharbour and Safety Group and Kiama Councils. Illawarra Road Wollongong, the RMS.

(e))

-

4

3



24 to 26 August	Year 11 Ski Camp
26 August	CAPA night
3 September	Year 11 Exams commence
8 September	7S Expo night.
14 September	Year 12 Clearance Day
16 September	Year 12 Graduation
17 September	Year 12 Formal



WHS does not receive or accept any paid advertising for Community Notices. Also, we have no way of checking the bona fides of any information received. We encourage parents/caregivers to make all necessary checks prior to involving their children in activities listed.

General Food Tips

Encourage your child to drink lots of water instead of fizzy drinks. This helps with their metabolism and their general health.

Encourage your child to snack on fruit and vegetables such as carrot sticks, watermelon, bananas and apples instead of chips and chocolate. This will teach them healthy eating habits for later life.

Always have healthy snacks in the home to decrease the temptation of having unhealthy ones.

Make sure your children always have a hearty breakfast every morning including whole grains, proteins such as eggs; cereals low in sugar and fresh fruits. This will keep them energised throughout the day and less likely to snack on sugary foods.

Healthy Habits

There are many ways that parents can help promote a healthy body image and healthy habits for your child at home. Here are some tips:

- Plan to eat home-cooked meals together as a family as often as possible
- Discourage eating meals or snacks while watching TV
- Encourage family activities that include enjoyable physical activity for everyone
- Ensure a safe environment for children and their friends to engage in active play (e.g. swimming, cycling, ball sports)
- Decrease the time spent in activities that involve sitting (e.g. watching TV, playing video and computer games)
- Encourage active commuting such as walking to school or walking to the bus or train.

The Australian Government has recently developed Physical Activity Recommendations for Children and Young People:

Children and young people should participate in at least 60 minutes (and up to several hours) of moderate - to vigorous intensity physical activity every day

Children and young people should not spend more than two hours a day using electronic media for entertainment (e.g. computer games, Internet, TV) particularly during daylight hours.

